



NEWS RELEASE – HEALTH

For immediate release

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The Diagnostic Clinic adds an extra level to Fertility Testing

The Diagnostic Clinic in London's New Cavendish Street, the UK's premier centre for Integrated Medicine, offers additional assistance to couples experiencing fertility issues. When the conventional approach to investigation may not hold all the answers, TDC acknowledges that other indicating factors may play a large part. This is in addition to the conventional services that are available from **The Diagnostic Clinic**, offering patients a wider range of choice

Recent media comment has speculated that all women should undergo fertility testing at the age of 30, as many assume that their ability to have babies will not change as they progress into their late 30s or early 40s. However this is often not the case as the number of eggs provided to the ovaries is thought to develop when the woman herself was an embryo in her mother's uterus. No more eggs are made through a lifetime and therefore a woman providing an egg for fertility at the age of 25 is using a 25-year-old cell and a woman at 40 is providing a cell aged 40. The older a cell the more chance there is of it malfunctioning.

This ovarian reserve, as it is termed, can be measured by blood tests looking for Anti-Müllerian Hormone (AMH). In other words AMH gives a prediction of ovarian age, risk of dysfunction and therefore potential for fertility.

While this conventional approach for investigation has been offered by **The Diagnostic Clinic** over the last six years, TDC also considers the nutritional status of individuals as being equally as important, for men with regard to their sperm as much as women and their eggs and ovaries. Therefore a second level of testing would combine Anti-Müllerian Hormone Assessment and Nutritional Urinalysis using the Optimal Nutritional Evaluation Profile or the more extensive NutrEval.

For those who are experiencing difficulty in becoming pregnant not only does TDC do the AMH and ONE analysis but strongly recommends Functional Ovarian Ultrasonography, which is undertaken by a specialist centre using an advanced technique of ultrasound that is not commonly found through the NHS or conventional screening laboratories. Ultrasound is principally concerned with structural analysis but advanced techniques can now indicate whether an ovary or other tissues are actually functioning regardless of their anatomical status.

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For further information on the services offered by The Diagnostic Clinic, call 020 7009 4650 or visit www.thediagnosticclinic.com.

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