



NEWS RELEASE – HEALTH

For immediate release

14/10/09

Life Extension and Whole Body Health From The Diagnostic Clinic

Forming part of the Regenerus Life Enhancement Programmes from **The Diagnostic Clinic** in London's New Cavendish Street, the UK's premier centre for Integrated Medicine, the **Life Extension and Whole Body Health** is part of a series of intensive health screenings for men and women of all ages which address the real causes of ageing and analyse the hidden conditions that lie within.

The **Life Extension and Whole Body Health** includes a combination of the Optimum Health and Anti-Ageing Programmes and vital medical screening which can highlight current health issues.

The Programme analyses an individual's ability to perform at their optimum physical and psychological levels, establishes nutrition status including healthy bowel function, toxicity levels through conventional investigation and pioneering Organic Acid testing, and hormone levels associated with mood and sleep patterns and evaluates current physical status including strength, fitness, posture and balance.

The results establish the best use of diet and supplements, natural treatments, offer detailed advice on exercise, rest and relaxation techniques, and allow improvement in mood, concentration, memory and libido as well as highlight specific health and toxic issues that may be impeding the body's optimum performance.

Personalised risk areas are investigated that may affect the ageing process, the individual's quality of health and chances of life extension, and examine the 6 areas of ageing that affect good health and wellbeing: cardiovascular, neurological, bone and joint issues, immune system, optimum hormone balance and the decreasing ability to detoxify the body.

The results review current body and health condition, investigate how the individual will age by establishing a personal Nutri-genetic Status which determines how an individual specifically reacts to nutrition and supplements; and provide extensive advice on diet, nutritional needs, lifestyle and exercise programmes.

Duration 7 to 8 hours spread over one or more days with 2 Optimum Performance Experts and a 1 Nurse. Requires a small sample of blood and urine only.

Life Extension and Whole Body Health consists of:

Comprehensive Medical History and Health Questionnaire
Doctor examination and report
Nurse examination
Fitness and Structure Analysis
TDL cardiovascular risk profile – blood test
Arteriograph – heart and artery assessment
MRD – Cancer Screen Detection
Insulin
Insulin-like Growth Factor 1 – human growth hormone measurement
sigA – immune status marked
Male/Female All Hormone
Urine analysis – metabolic assessment and infection
Gut Immun – stool – Calprotectin / EPX – inflammation and allergy
Nutrigenomic Anti-Ageing Analysis – environment associated genes
Human Growth Hormone
Hemoencephalography – brain blood flow measurement
Detox / Genomic – ability to detoxify
Bone density scan and risk
Bone density risk – urine DPD
Heart Rate Variability – stress assessment
NutriEval – full nutritional and specific metabolic analysis
Personalised Detailed Analysis and Life Enhancement Report by Integrated Physician

Cost: £

-ENDS-

For further information on the services offered by The Diagnostic Clinic,
call 020 7009 4650 or visit www.thediagnosticclinic.com

For press information call MRA PR on 020 8540 1177
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