



NEWS RELEASE – HEALTH GIVE YOURSELF A MALE MOT AT THE DIAGNOSTIC CLINIC

The Diagnostic Clinic in London's New Cavendish Street, the UK's premier centre for Integrated Medicine, understands the importance of regular checkups and has developed the **Wellman Screen** specifically designed to identify the key health issues for men of all ages.

Focusing on gender specific health risks and cardiovascular health, it includes blood tests for cholesterol and PSA, resting ECG and a cardiovascular risk assessment, and aims to identify early coronary heart disease, prostatic and testicular cancers.

During a 60 minute assessment, a specifically assigned nurse will guide the patient through a variety of tests including body composition parameters and blood pressure followed by a blood test. This is followed by a short consultation with one of **The Diagnostic Clinic's** screening doctors to cover the gender specific risk areas e.g. prostate and testicular examination and provide instruction for self examination and body awareness.

Following this the doctor will prepare a personalised health report based on the above tests and findings with all information provided in the Well Man questionnaire. The Personalised Health Report is sent to the patient within 10 working days and includes all test results and explanations including recommendations for improving and maintaining health.

The Well Man Screen includes:

Specific medical history and lifestyle questionnaire (Well Man questionnaire)

Nurse guided health assessment

- Height and weight measurement
- Body Mass Index
- Percentage Body Fat
- Resting Blood Pressure and Pulse
- Resting ECG
- Urinalysis

Blood tests for:

- Cholesterol
- PSA = Prostate Specific Antigen (for patients over 45 or if clinically indicated)

Doctor consultation for gender specific examination:

- Prostate examination
- Testicular examination
- Instruction in self-examination

WELLMAN SCREEN £225

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